



## 10 Ways to be a Great Hockey Parent!



Get involved with your son or daughter's team in a positive way.



Let your son or daughter know you enjoy having them involved with the game



Don't lose perspective; emphasize the values associated with the game.



Be supportive and don't let expectations become a burden to your son or daughter.



Model respectful behaviour for your son or daughter.



Be there for your child whether they win or lose.



Make safety, respect, fair play and fun a priority.



Support your child emotionally



Encourage your child to participate but avoid pressuring them to play the game.



Communicate with your son's or daughter's coach in a professional effective manner.